

glow™
GLUTEN FREE



Brace Yourself for Delicious... Ready. Set. Glow!

New York, NY – Until now, eating gluten free meant eating taste and flavor free. But those days are over. Glow Gluten Free proudly introduces gluten free cookies that taste like the real deal! Jam-packed with flavor, just one bite of Glow Gluten Free cookies will have those with celiac disease glowing from head to toe.

Baking entrepreneur and celiac disease expert, Jill Brack, has cooked up a mouth-watering collection of gluten free cookies full of everything that has been missing in the marketplace. Her new line of Glow Gluten Free cookies will surprise even the most discerning palates: rich Double Chocolate; crisp and spicy Gingersnap; cinnamon sugary Snickerdoodle and, always a best seller, the old fashioned Chocolate Chip. And in case all of these delectable flavors make you forget, yes, they're all gluten free.

"It takes one to bake one," says Brack, who has been diagnosed with celiac disease for many years. "Eating gluten free doesn't mean you have to settle for less. I created Glow Gluten Free cookies to put fun and delicious flavor into snacking gluten free. People tell me they crave these cookies whether they are gluten free or not."

Nearly 1 in every 100 Americans are affected by celiac disease, an auto immune disorder in which the intestines become damaged by eating gluten, the protein found in wheat, rye, barley and other grains. Most snack foods in today's marketplace like crackers and cookies are gluten based. Scientists are discovering the disease is on the rise and is far more common today than it was 50 years ago. Left undiagnosed the disease can lead to long term health problems.

When Brack and her 12 year-old daughter Stella were diagnosed with celiac disease they tried every gluten free cookie on the market. Each and every one left them with a bad taste in their mouths. They were dull and tasteless as well as loaded with fat and calories. Could it be that hard to bake a delicious gluten free cookie that actually tasted like a real cookie? The answer was yes! It took Brack over a year of research and development and many scrapped batches before she emerged from the kitchen 'glowing' with success. She had finally done it – a delicious cookie that delivers!

Baked in a dedicated gluten free bakery using a secret recipe with a garbanzo bean flour blend in place of traditional wheat flours, Glow Gluten Free cookies are all-natural, wholesome, gluten free and dairy free treats. So where to find these tasty treats? Glow Gluten Free cookies have been spreading by word of mouth and are now on sale at retailers nationwide. So brace yourself for gluten free delicious...Ready. Set. Glow!

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Look for Glow Gluten Free cookies – in all four delicious varieties – at select premium retailers and online: **GlowGlutenFree.com**



Our Story...

Jill Brack would never have envisioned herself involved in the gluten-free food business ten years ago. Having worked in the film and entertainment industry and then real estate development, Brack was diagnosed at the peak of her career with celiac disease, an auto immune disorder in which the intestines become damaged by eating wheat protein, or gluten.

The relief of discovering the cause of her illness after switching to a gluten free diet motivated Brack to become an expert on the subject. When her daughter was also diagnosed with the disease Jill started baking so her daughter could have delicious cookies that weren't different from other kids' tasty treats.



Determined to make gluten free food delicious, Brack went to work in the kitchen and began experimenting. She spent a year reworking family recipes and creating new ones. At last she cooked up a secret formula that replaced traditional wheat flour with a garbanzo bean flour blend. She started giving her cookies to friends and family and the responses were unanimous. These crave-worthy cookies were getting glowing reviews! People started asking for more – even those who weren't restricted to a gluten free diet.

Realizing she was on to something extraordinary, Glow Gluten Free was born. Brack sourced a dedicated gluten free bakery in New Jersey to manufacture the cookies while her husband traveled around the New York tri-state area introducing their gourmet gluten free cookies to area retailers. Everyone loved them and a new family business was launched.

To date, stores over the New York metropolitan area and beyond have eagerly embraced her cookies – Double Chocolate Chip, Gingersnaps, Chocolate Chip and Snickerdoodles. Now with a national distributor, Glow Gluten Free cookies are poised to conquer not only the gluten free aisle, but the gourmet cookie counter as well.

The power of a gluten free diet naturally changed Brack's philosophy about food. She is a graduate of The Institute of Integrative Nutrition, has a certificate in Holistic Health Counseling from the Teacher's College of Columbia University and membership in the American Association of Drugless Practitioners. But the ultimate "proof is in the pudding" – or cookie in this case. Glow Gluten Free cookies stand up to the most discerning of palates delivering taste and quality!

Look for Glow Gluten Free cookies – in all four delicious flavors – at national grocery chains and other premium retailers or on line at www.GlowGlutenFree.com.



Our Recipes...



Chocolate Chip • Garbanzo & Fava Bean Flour, Brown Sugar, Semi-Sweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla), Organic Palm Oil, Sugar, Eggs, Xanthan Gum, Pure Vanilla Extract, Baking Soda



Snickerdoodle • Garbanzo & Fava Bean Flour, Sugar, Organic Palm Oil, Eggs, Spices, Xanthan Gum, Pure Vanilla Extract, Salt, Baking Soda, Cream of Tartar.



Double Chocolate • Garbanzo & Fava Bean Flour, Brown Sugar, Organic Palm Oil, Semi-Sweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla), Sugar, Eggs, Cocoa (processed with Alkali), Organic Coconut Flour, Coffee, Baking Soda, Natural Flavor, Salt, Xanthan Gum, Pure Vanilla Extract



Gingersnap • Garbanzo & Fava Bean Flour, Brown Sugar, Organic Palm Oil, Molasses, Eggs, Ground Ginger, Xanthan Gum, Spices, Baking Soda, Pure Vanilla Extract, Natural Flavor

Dairy Free ✨ No Trans Fats ✨ No Preservatives ✨ All Natural

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